



Inclusion North Bulletin

Issue Number 173

12th November 2018



In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.

National 3 Day Self Advocacy Convention



Pathways Associates and North West Training and Development Team have launched their annual conference for 2019.

This year they are opening it up to self-advocates from other areas of the country.

They hope that 5 self-advocates from each region will attend.

The conference will be:

26th to 28th February 2019

at the Grand Hotel, Blackpool.

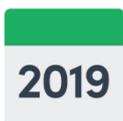
Places cost £200 each and this covers the hotel, meals and the conference. The main theme is Rise Up – One Voice, Stronger Together

There will be workshops to attend and speakers who can make change happen.

The days will be written up and shared locally and nationally.

To have the chance to attend, you must complete an application form.

You can download an application form here <https://bit.ly/2PFEds>





Introducing Jo McCausland as our new Project Manager in the North East covering Kellie's maternity leave

At the end of November Kellie Woodley our Project Manager in the North East will go off on maternity leave for 9 months as she is having a baby.

We have advertised for someone to join Inclusion North while Kellie is away, and we are happy to introduce Jo, who will step in while Kellie is away.

Jo said

"I would love the opportunity to continue to support people with a learning disability, autism or both to live the lives they want.

I would also like to make a difference to families and carers and to help service providers and commissioners make sure people have good outcomes.

I know I would enjoy working with the team at Inclusion North to make sure that it stays strong.

I believe this job is a good match for my values, interests and skills."

Jo says she is good at

- Building good relationships.
- Supporting others to be and do their best.
- Challenging things that are not right or fair.
- Coming up with ideas and helping others to come up with ideas to solve problems and find new solutions.
- Making sure things get done even if they are hard to do.
- Planning and being organised

Jo will be starting work with us in November and if you work in the North East with us you will soon get to meet her.

You can contact Jo by email jo@inclusionnorth.org

Telephone: 07487 729237



Inclusion North Expert Hub update.



The Inclusion North Expert Hub is made up of people with lived experience of learning disability or autism and family members, who do work for us. We now have 33 people listed as Experts in our Hub along with a few supporters.



A lot of the work involves attending Care and Treatment Reviews, and Care, Education and Treatment Reviews. Between July and September our Experts attended 186 CTR/CETRs. However, our Experts undertake other involvement work too.



This is part of work on Transforming Care.

In early October 2018 The Voluntary Organisations Disability Group (VODG) issued a press release about Transforming Care – you can read it here <https://bit.ly/2CWTEfW>



VODG also published a report “Transforming Care – The Challenges and Solutions” in May 2018 – you can read it here <https://bit.ly/2sbii6r>

Sky News did a report about the situation some families are faced with when family members are admitted into an Assessment & Treatment Unit. You can see the report here <https://bit.ly/2zdY3HW>



In a previous bulletin we told you about the radio broadcast about Bethany. This was quite hard to listen to, and it’s difficult to think in 2018 people can find themselves in these situations. You can still listen here <https://bbc.in/2P2IAVQ>



Let’s hope Bethany’s father can find a route out of this situation his daughter is in, and that Bethany can eventually get a life in the community.



Thankfully there are stories like Michael’s. He is now rightfully living in the community and enjoying his life. Hearing about Michael experience makes us realise that things for Bethany should and must change. Hear Michael’s story here <https://bit.ly/2jYVQvF>



Charging for social care – A tax on the need for support

If you receive social care services from your Local Authority you may be asked to pay for services in full or you may be asked to pay some of the costs towards your services.

Local Authority can make these charges. You can ask your local authority to take into account any extra disability related expenses.



A new report called **Charging for Social Care – A tax on the need for Support** is going to be published on Disability Rights website early the week beginning 12th November

<https://www.disabilityrightsuk.org/news>



A Summary of the Report

The Independent Living Strategy Group recently carried out a study of local authority charges for social care.

They looked at whether charging for social care is affecting people's wellbeing. They also looked at how much people were affected.



Wellbeing is the main purpose of social care services as set out in the Care Act 2014.



The report looked at some important issues in the way local authorities plan for charges.

It gathered information on the way charges affected disabled people.

The study was made up of two parts:

1. an online survey of people who had received a community care assessment

2. questions sent to 152 English local authorities.

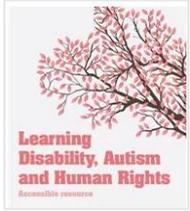


In total they received 604 responses from individuals and all 152 local authorities responded.



The British Institute of Human Rights - Learning Disability, Autism and Human Rights

This accessible booklet is aimed at people with a learning disability and or autism, their families, carers, or support workers to provide up-to-date information about their human rights. It includes:



1. What are human rights?
2. Who has human rights?
3. How are my rights protected?
4. Who has duties to uphold my rights?
5. What rights do I have?
6. Flowchart 1: Is my issue about human rights?
7. Flowchart 2: What to do if your issue is about human rights
8. Working through the flowcharts using examples
9. Getting more help and information



You can also order free copies of the booklet and the posters - postage costs will be added at checkout.



<https://www.bihr.org.uk/pages/shop/department/poster-resources>

<https://www.bihr.org.uk/shop/learning-disability-autism-and-human-rights>



There is lots of information on the British Institute of Human Rights website including the work that they are doing to put human rights at the heart of health and care.



<https://www.bihr.org.uk/health>

Apply for Cascading Leadership programme

The King's Fund have announced that they are now taking applications for their Cascading Leadership Programme.



The programme offers free support, advice and training to leaders in health and wellbeing charities.

It is based on a peer-to-peer support model. This means that an experienced leader supports someone with less experience.

So far, the programme has supported 120 voluntary and community sector (VCS) leaders. There are 64 places on this year's programme.



Evaluation has shown that the programme can

- support organisations to tackle substantial challenges
- develop the skills and confidence of leaders
- build collaboration and peer support across organisations.

There is a [blog](#) on the programme which talks about some of the learning from this work.



Successful applicants will be matched with a consultant who will be an established charity leader.

They will support a less experienced leader in another organisation and will also get support and training from the King's Fund.



The programme is open to leaders from all health and wellbeing charities, from small start-ups or support groups to major national organisations.

This year, they are particularly keen to support smaller and newer charities.



The programme is free but is valued at £5,800 and is funded by the National Lottery through the Big Lottery Fund.

More information is here <https://bit.ly/2Pjp6LY>



Talking about Insurance Focus Group

Change are having a focus group about Insurance.

Change are working with Zurich Insurance Group to help people with a learning disability understand what insurance means.

The day is to find out about what help and support people with a learning disability need to understand insurance, get the right insurance and make claims when they need to.



Lunch and refreshments will be provided, and travel costs paid back to people from the Leeds area.

If you are travelling from further away speak to Shanika when you book your place about getting your money back for travelling to the session.



The session is on

22nd November

At



St Georges Centre, Leeds

If you want to book a place

Contact Shanika



shanika@changepeople.org

Telephone: 0113 242 6619



You can also book a place at

www.changepeople.org/shop/events

Inclusion North Member Areas 2018 – 19



Yorkshire and the Humber

Barnsley
Bradford
Calderdale
Doncaster
Kirklees
Leeds
North Yorkshire
Sheffield
Wakefield



North East

Darlington
Durham
Gateshead
Hartlepool
Newcastle
North Tyneside
Northumberland
Redcar and Cleveland
South Tyneside
Stockton
Sunderland

