



Inclusion North Bulletin

Issue Number 171

16th October 2018



In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



Oliver's campaign

You might have heard of a campaign called #Oliverscampaign which was launched by Paula McGowan following the tragic death of her son.

Paula McGowan has campaigned for health staff to receive training in autism and learning disability.

Paula says

- 1 in 4 healthcare professionals has never had training on learning disability or autism. This is unacceptable.
- Two thirds want more training, and 1 in 3 think a lack of government leadership is contributing to the problem of avoidable deaths.
- The Government must ensure all healthcare professionals get training to address the huge health inequalities facing people with autism and a learning disability.



Paula set up a petition and asked people to sign it.

Last week the petition reached 50,000 signatures. This means it will be debated in Parliament on 22 October 2018.

It is really important that MPs turn up to hear the debate and to vote on it.

You can contact your MP and ask them to attend and tell them why it is so important. You can find out who your MP is here

<https://bit.ly/2RP3ghK>





Public Health England Conference

On 11th October Public Health England held a conference in Birmingham to look at Public Health and People with a Learning Disability.

The idea was to look at national evidence around health and what it means for local action to improve people's lives.

This means knowing what the data says about health – data means the information we have. For example the number of people having an Annual Health Check.

Inclusion North and ndti ran a workshop at the event.

This was run by Anna from ndti and two self-advocates – Stewart Chappell, Co-Chair of Inclusion North, and Susan Hanley, CEO of Leep1 in Leeds.



The aims of the day were

- To think about how commissioners can use data to plan services
- To help people with a learning disability and family carers to use data to make sure that their local health services are good enough
- To help health and social care commissioners to use data to plan for the future.

The workshop went down very well with the audience. We looked at mental health and depression, and what the data tells us about people with a learning disability.

We also talked about what makes us strong and keeps us happy. Stewart and Susan both talked about the Tomorrow's Leaders programme and what a difference this had made to their lives.

Someone in the workshop said "Susan who wanted to be the first woman MP was a much needed leader".

Someone else said "I really enjoyed your workshop today – very thought provoking and it made me think about how we can do more to include people's stories when presenting data.



“The Learning Disability and Autism Leaders” List 2018 is announced.



Over the past few months, people have been nominating people with a learning disability, autism or both to be included on the Leaders List 2018.

We were proud to nominate Gary Stark, who is a member of our Advisory Council and an Expert in the Hub.



We nominated Gary for all the work he has done in training new experts who have joined the Hub to work for us.

There are four categories, and there will be 15 winners in each category.



We now have to wait to find out if Gary is one of the final 15 winners in his category.

We are so proud of Gary and everything he has achieved.

We have also been very excited to watch on social media as other people found out that they had been nominated. It was brilliant to know that so many of them were from the North east, Yorkshire and Humber, and that we knew so many of them.





Transforming Care – it is working? Radio 4 programme

A programme on Radio 4 called File on 4 has revealed that the use of restraint on people with a learning disability in mental health hospitals has gone up dramatically.



This includes 'face down' restraint which is known to be very dangerous for the person.

In 2017 restraint was used 22,000 times.

In 2016 it was used 15,000 times.

This has gone up a lot.



Norman Lamb MP and former mental health Minister called it 'shameful'.

We know that being restrained, kept in a room on your own (known as seclusion) and over medication to manage behaviour is traumatic and can have a long term physical and emotional impact on people.

You can listen to the programme here <https://bbc.in/2O0z3ht>



It is very upsetting so you might want to listen to it with someone who can support you.



Twisting Ducks Play about Learning Disability Nurses

Twisting Ducks Theatre Company have been asked by Health Education England to write and perform a play about Learning Disability Nurses.



The idea is to think about what Learning Disability Nurses do, and what their support means to people.

The play was performed at the Skills North East event in Newcastle on 25 and 26 September.

There were about 5000 people at this event over the two days.

The half hour play was performed twice each day and feedback has been extremely positive. Schools and colleges are now asking for the Twisting Ducks to come into school to perform it.



As part of the performance, the Twisting Ducks wrote a song about what their learning disability nurses mean to them.

You can see the music video here

<https://youtu.be/gxccZWRWdOw>

Inclusion North Member Areas 2018 – 19



Yorkshire and the Humber

Barnsley
Bradford
Calderdale
Doncaster
Kirklees
Leeds
North Yorkshire
Sheffield
Wakefield



North East

Darlington
Durham
Gateshead
Hartlepool
Newcastle
North Tyneside
Northumberland
Redcar and Cleveland
South Tyneside
Stockton
Sunderland

