

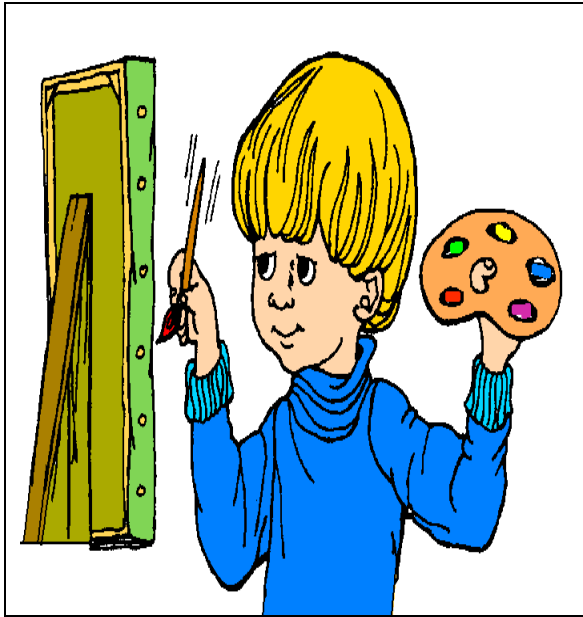


# STOMP

Stopping over-medication of people  
with a learning disability, autism or both



## POSTER COMPETITION



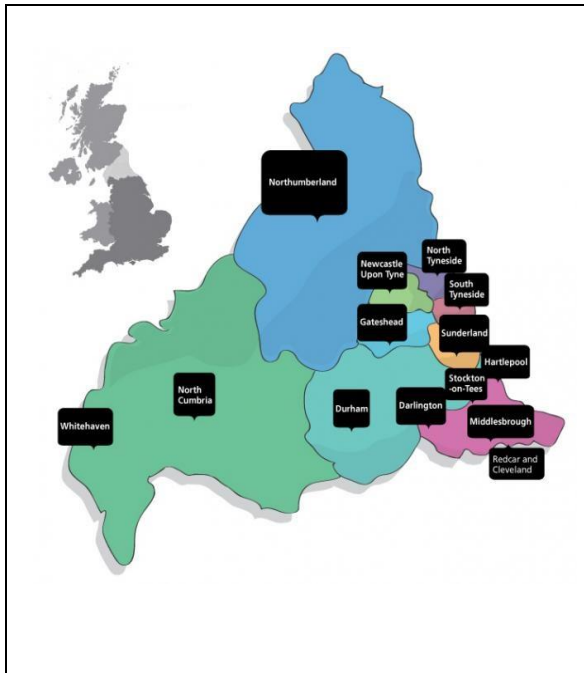
Design an A4 poster around why the STOMP initiative is important



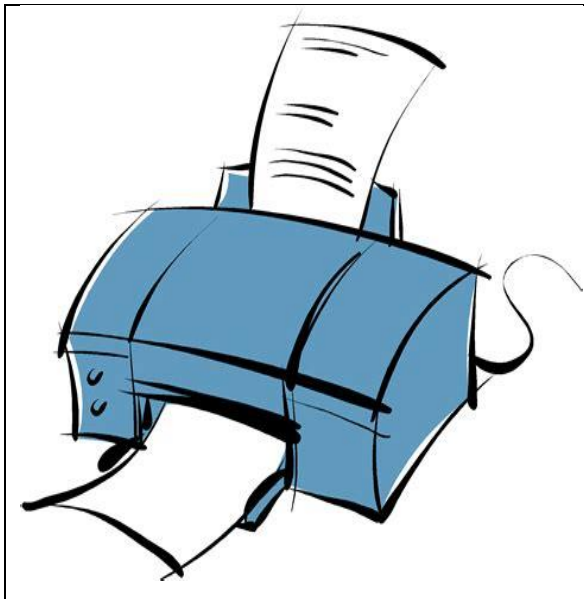
The competition is open to Children



and Young People up to the age of 25 years



Participants must live in the North Cumbria North East Transforming Care (NCNE) footprint



The Prize winners will each have their entry printed and used as part of the NCNE work to promote STOMP



The winning entry will receive vouchers for the individual or school

# Terms and Conditions



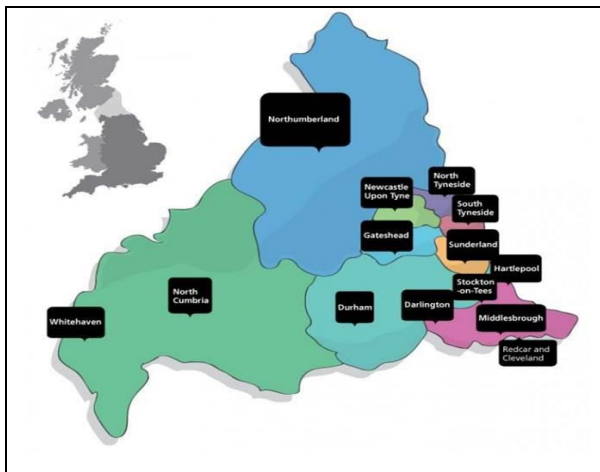
Entry is open to any child or young person up to the age of 25 years



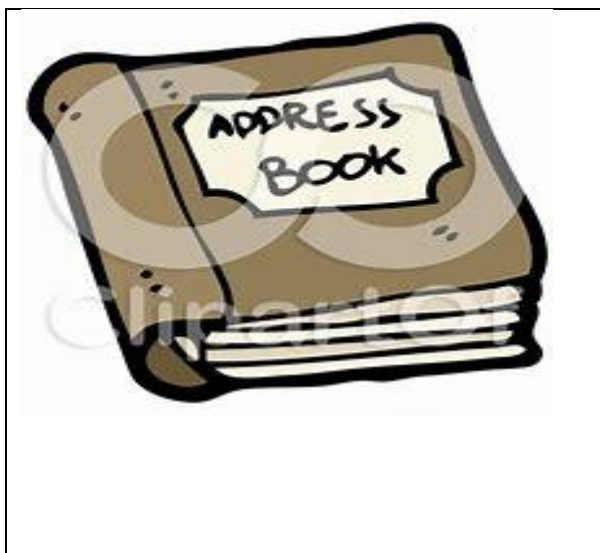
Entry is open to individuals



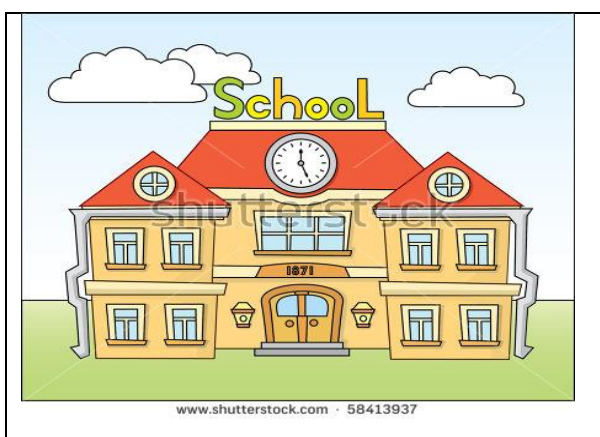
and schools



Entrants must live within the North Cumbria & North of England Transforming Care area (see map)



Entrants submitting posters must include their name, age, address and contact details



School entries must include the details above as well as the name and contact details of the school



The competition  
closing date  
is  
22nd June



The competition will be  
judged by  
David Gerrard  
and  
Jodie Williams



The decision of the  
judging panel  
is final



1<sup>st</sup> prize  
£200 worth  
of vouchers



Two Runner-up  
prizes  
of £75 in vouchers



Please send entries to  
[england.cne-  
transformingcare@nhs.net](mailto:england.cne-transformingcare@nhs.net)

OR



Post to:

NHS England  
Transforming Care  
Waterfront 4  
Goldcrest Way  
Newcastle upon Tyne  
NE15 8NY



## Useful links:

- Information on STOMP Programme - <https://www.england.nhs.uk/learning-disabilities/stomp/>
- Bury CCG Medicine Optimisation Team work on STOMP – [http://buryccg.solutions.co.uk/Library/Newsletters/CCG\\_Sep\\_Oct\\_17/152/CT319%20Bury%20STOMP%20FINAL.pdf](http://buryccg.solutions.co.uk/Library/Newsletters/CCG_Sep_Oct_17/152/CT319%20Bury%20STOMP%20FINAL.pdf)
- Key Therapeutic Topics NICE on STOMP - <https://www.nice.org.uk/Media/Default/About/what-we-do/NICE-advice/Key-therapeutic-topics/KTT-2017-compiled-document.pdf>
- The benefits of Stopping Andrew's psychotropic medication <https://www.england.nhs.uk/publication/helping-andrew-to-stop-taking-the-wrong-medicines-in-hertfordshire/>
- Getting Jo's medication right - a parent's story and the positive impact of STOMP <https://www.england.nhs.uk/learning-disabilities/caretransformed/getting-jos-medication-right-a-parents-story/>
- Jack's story about how STOMP helps children and young people <https://www.england.nhs.uk/learningdisabilities/wp-content/uploads/sites/34/2016/11/ld-case-study-jacks-story.pdf>
- Preparing to visit a doctor to talk about psychotropic medication- resource for support worker who is accompanying a person with a learning disability, autism or both to a GP consultation appointment to talk about psychotropic medication. <https://www.vodg.org.uk/publications/preparing-to-visit-a-doctor-to-talk-about-psychotropic-medication/>
- Transforming Care Partnership work on enhancing care treatment reviews (CTRs) to have an extra focus on medicines, physical health and making information accessible: <https://www.england.nhs.uk/learning-disabilities/caretransformed/focus-on-medicines-physical-health-and-communication/>

## Further Resources:

- <https://www.england.nhs.uk/learning-disabilities/improving-health/stomp/>
- <https://www.slideshare.net/NHSEngland/stomp-one-year-on-presentation-july-2017>
- <https://www.england.nhs.uk/blog/we-need-to-stomp-on-over-medication/>
- <https://www.england.nhs.uk/2017/07/chief-nurse-backs-stomp-it-out-drugs-campaign/>