



# Inclusion North Bulletin

Issue Number 139

24<sup>th</sup> April 2017



In this bulletin you will hear about some of the work Inclusion North is doing and information about what is happening across the country.



## Vacancy for Volunteer Co-Chair

Inclusion North's Board of Directors is looking for a new Volunteer Co Chair to join the Board of Directors.

The Board of Directors are the group of people who check the Company is doing a good job and following the law.

To find out more, please click <http://bit.ly/2m2uwcg>

For an application pack  
Email: [melissa@inclusionnorth.org](mailto:melissa@inclusionnorth.org)

The closing date for applications is 30<sup>th</sup> April 2017

**If you want to talk about the role please contact Karen Parry, Chief Executive, on:**  
Tel: 07375034291  
Email: [Karen@inclusionnorth.org](mailto:Karen@inclusionnorth.org)

**Or contact the current Co Chairs of the Board**

**Ruth Hicks** [ruthhicks@hotmail.co.uk](mailto:ruthhicks@hotmail.co.uk)  
(Ruth is stepping down as Co-Chair which has created this vacancy, but will remain on the Board as a Director)

**Stewart Chappell**  
[stewart.chappell@skillsforpeople.org.uk](mailto:stewart.chappell@skillsforpeople.org.uk)



## Supported Internship Programme

NHS Health Education England have a Supported Internship Programmes across the North East, York and North Yorkshire.

Do you have a learning disability, difficulty or are you on the autism spectrum?

Are you aged between 16-25

Do you have an Education Health Care Plan

Would you like to learn the skills you need to work in an NHS setting?

Pilot programme From September 2017 Health Education England, will be offering Supported Internships across the North East, York and North Yorkshire as part of a pilot programme.

Still want to learn the skills to get ready for work?

The internship programme lasts one academic year and is unpaid.

Interns have a named mentor. The interns are offered a positive supportive introduction to working independently, given their own mutually agreed task list.

Interns spend up to 4 days a week in work placement and one day studying math and English and professional skills.

If you would like more information

Email [stephanie.smith@chsft.nhs.uk](mailto:stephanie.smith@chsft.nhs.uk)

## General Election 2017



There will be a General Election on the 8<sup>th</sup> June.  
The General Election is for people to vote to decide who is in parliament.

- Parliament makes the laws.
- Parliament checks the things the government do.
- The government runs the country

Easy-Read-Online.co.uk have produced an easy read information sheet about the election.

The information includes

- How to have a vote in the General Election
- How to register for a vote
- What is a General Election

You can also find more information about voting

[www.Easy-Read-Online.co.uk](http://www.Easy-Read-Online.co.uk)

[www.yourvotematters.co.uk/register-to-vote.co.uk](http://www.yourvotematters.co.uk/register-to-vote.co.uk)

[www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote)



## National Development Team For Inclusion (NDTI) Job Vacancies

The NDTI have two job vacancies.

The vacancies are

- Development Lead for Learning Disabilities
- Development Lead for Ageing and Older People

They are looking for people who are happiest when working on their own initiative to inspire the necessary relationships that can tackle some of our big issues such as housing, support and inclusion.

You will spend most of your time working on contracts with organisations to help them do things differently.

Some people call this consultancy, we call it helping to make a difference.

Both of the roles will be based in the NDTI office in Bath.

You can find out more about the jobs here

<http://bit.ly/2p9T9rQ>

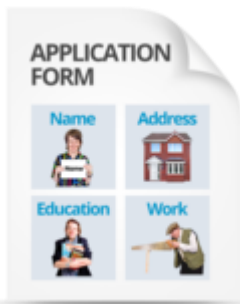
or

Email [Pauline.Roberts@ndti.org.uk](mailto:Pauline.Roberts@ndti.org.uk)

Telephone 01225 789135

The closing date for the jobs is the

5<sup>th</sup> June at 12pm



## North East

### Carers Wellbeing Fund Now Open For Applications

Newcastle  
**Carers**



If you care for someone who lives in Newcastle upon Tyne, the Carers Wellbeing Fund may be able to provide a small grant to help you as a carer.

The fund is intended to support carers in need and improve their health and wellbeing.

Can I apply?

You may be eligible for the fund if:

- You are an unpaid carer
- You are 18 or over
- The person you care for lives in Newcastle upon Tyne

What can I apply for?

You can apply for a small grant of up to £200 for something that will improve your health and wellbeing.

This could be:

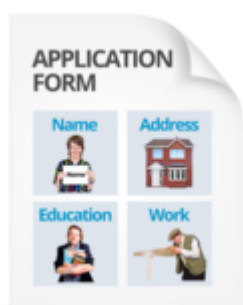
- A holiday or weekend break in the UK
- College course fees, books or equipment
- Gym membership, exercise classes, swimming sessions, etc.
- Driving lessons
- Purchase of items for an activity or hobby, e.g. a tent, a bicycle, or craft materials
- Household items, e.g. a washing machine, a cooker or a fridge

How do I apply?

If you'd like to apply for a grant you can contact Newcastle Carers for an application pack or download one here website:

<http://bit.ly/2pqoMia>

Telephone: 0191 2755060



## Yorkshire and Humber

### Through The Maze Drop In



Through the Maze is an information and signposting service for people with a learning disability their families and carers.

Through the Maze have a “drop in” at Connect in the North every Monday afternoon.

If you want to go at a different time give Luke or Madeleine a call to arrange it.

Telephone 0113 270 3233

You can check out the website at any time

[www.through-the-maze.org.uk](http://www.through-the-maze.org.uk)



### Elvis Presley Day At Café Leep

Café Leep are having an Elvis Presley day.

On

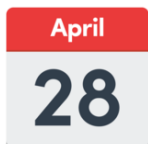
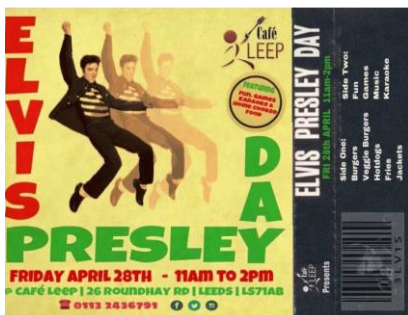
Friday 28<sup>th</sup> April

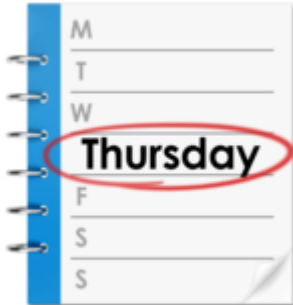
From

11am until 2pm

There will be fun games music and karaoke.  
There will also be food available made by the café.

The Leep Café  
26 Roundhay Road  
Leeds  
LS71AB





## Keighley and Craven People First Social Nights

Keighley and Craven People First have social nights every last Thursday of the month.

The social night is decided by the members and you can either phone the office, vote by going to their office or by email.

They will email you where we are going and the date and time.

They run a summer scheme for younger members, get in touch for more information.

If there is something you would like to see them do, get in touch and have a chat.

For more information

Telephone: 01535607222

Email: [peoplefirst@live.co.uk](mailto:peoplefirst@live.co.uk)



### What is coming up next

- |                        |   |
|------------------------|---|
| 26 <sup>th</sup> April | North East Family Carers                |
| 27 <sup>th</sup> April | Yorkshire Humber Talking Travel         |
| 28 <sup>th</sup> April | North East Tomorrows Leaders Graduation |
| 5 <sup>th</sup> June   | North East Talking Travel               |

If you would like to know more about any of these events contact Sam on 0113 244 4792

[samta@inclusionnorth.org](mailto:samta@inclusionnorth.org)



**If you would like any information on any of our meetings, training or projects you can contact the office on:**



Tel: 0113 244 4792

E-mail: [info@inclusionnorth.org](mailto:info@inclusionnorth.org)



Or you can write to us at:

Inclusion North CIC  
Woodhouse Community Centre  
197 Woodhouse Street  
Leeds, LS6 2NY



You can visit our website at:

[www.inclusionnorth.org](http://www.inclusionnorth.org)

Or you can contact any member of the Inclusion North team:



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Chief Executive Officer

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Email: [karen@inclusionnorth.org](mailto:karen@inclusionnorth.org)



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Email: [Kellie@inclusionnorth.org](mailto:Kellie@inclusionnorth.org)





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Rebecca Stanley

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## **Inclusion North Member Areas 2017-18**

If you live in one of these areas you can come to our member events.



### **Yorkshire and the Humber**

Barnsley  
Bradford  
Calderdale  
Doncaster  
Hull  
Leeds  
North Lincolnshire  
North Yorkshire  
Sheffield  
Wakefield



### **North East**

Darlington  
Durham  
Gateshead  
Hartlepool  
Middlesbrough  
Newcastle  
North Tyneside  
Northumberland  
Redcar and Cleveland  
South Tyneside  
Stockton  
Sunderland

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